St Paul's Barnes Swimming Club

General Code of Behaviour for All Members

Affiliated to the Amateur Swimming Association, we are expected to conduct our activities within the rules of the Association. These rules include the ASA Code of Conduct, Code of Ethics and an Equity Policy.

The club follows the following "Code of Behaviour" which we ask our members to follow. We would ask you to therefore to read each category carefully so you know what is expected of you as a member of our club. The Code will be provided to all new members.

A. General Code of Behaviour for All Members of the Club:

As a member of the St Paul's Barnes Swimming Club, you are expected to meet the following requirements in regard to your conduct during any activity held or sanctioned by the club:

1. Maintain high standard of personal behaviour at all times.
2. Respect the rights, dignity and worth of others, regardless of their gender, abilities, cultural background or religion.
3. Be fair, considerate and honest in all dealing with others.
4. Be professional in, and accept responsibility for, your actions.
5. Make a commitment to being a member of a club whose objective is to provide a quality service in a safe environment for the conduct of the sport.
6. Be aware of and maintain the standards, rules, regulations and policies of the sport and operate within the rules of the sport including national and international guidelines, which govern the sport.
7. Do not use your involvement with the club to promote your own beliefs, behaviours or practices where these are inconsistent with those of the club.
8. Refrain from any acts of physical or verbal aggression towards or harassment of others.
9. Refrain from any behaviour that may bring the club into disrepute.

B. Swimmers Code of Behaviour

As a swimmer/member of the club, you are expected meet the following requirements in regard to your conduct during any activity held or sanctioned by the club:

Respect For Others:

1. Respect the rights, dignity and worth of fellow swimmers, coaches, officials and spectators.
2. Respect the talent, potential and development of fellow swimmers and competitors.
3. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
4. Do not tolerate acts of aggression.

Personal Conduct:

1. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team and cooperate with coaches and staff in their endeavour to prepare you for competition at the highest level. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
2. Arrive in advance of training session start times and warm up in advance of the session commencing.

3. Behave with your coach as you would with a teacher, listen and pay attention to instruction. Training should be fun but it is not play.
4. Conduct yourself in a considerate manner relating to language and temper. Language in a public place or relevant group situation must always be appropriate and socially acceptable.
5. Alcohol and smoking is totally forbidden for athletes under age as defined by law.

10. The use of performance enhancing drugs and illegal substances is totally forbidden.

11. It is your responsibility to check that any medication you take, does not contain a banned substance under A.S.A. law.

Personal Appearance:

12. Take pride in your appearance. At all time, your appearance shall be appropriate to the circumstances as indicated by the team staff with Team kit being worn as directed by the team staff.

Team Requirements:

13. A willingness to adopt, develop and sustain a "positive attitude" towards team goals and objectives is required, together with a high level of team co-operation with other team members and team staff.

14. Punctuality on all occasions is a desirable quality.

15. When required, team accommodation and transport as allocated by the team staff shall be used.

16. When away with the team, members must attend all team meetings and other functions as directed by the team staff and any team curfews must be observed.

Team Sanctions:

Breaches of this code shall be dealt with in the first instances by the team staff. Where necessary, the team staff will follow this up with a report to the Club Disciplinary Committee who shall take further action as is deemed necessary.

C. Coaches and Poolside Staff Code of Behaviour

As a member of the coaching or poolside staff you must meet the following requirements in regard to your conduct during any activity held or sanctioned by the club:

Personal Conduct:

1. Be conscious of always presenting a professional appearance on the poolside and be conscious of the example this sets to the swimmers and the image this presents of the club.
2. Alcohol and smoking is unacceptable when in charge of or responsible for the welfare of swimmers.
3. When dealing with persons under 18 years of age, avoid unaccompanied and unobserved activities with such persons and demonstrate a high degree of individual responsibility as your words and actions are an example.

Relationship With Swimmers:

ST PAUL'S BARNES
SWIMMING CLUB

1. Treat all swimmers fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
2. Provide feedback to swimmers and other participants in a manner sensitive to their needs. Avoid overly negative feedback. Avoid excessive verbal targeting, shouting or exercise used as punishment.
3. Where possible, involve the swimmers in decisions that affect them.
4. Be aware of the power that you as a coach develop with your swimmers in the coaching relationship and avoid any intimacy with swimmers that could be construed as compromising.

Personal Commitment:

1. When dealing with young swimmers, at all times be conscious of and fully embrace the concepts for "Long Term Athletic Development".
2. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the swimmers.

10. Encourage swimmers to respect one another and to expect respect for their worth as individuals regardless of their level of play.

11. Encourage and facilitate swimmers independence and responsibility for their own behaviour, performance, decisions and actions.

12. Recognise swimmers rights to consult with other coaches and