

News from the masters

The weekend saw many successes for the club. On Saturday it was the F3 Events Olympic Distance Aquathlon and Big South Swim. Derek Samson led the field all the way to the finish winning the aquathlon a long way ahead of all the other competitors. In the swim, which was 5km, Pip Bennett and Will Ellis came in 4th and 5th with the Pip doing the swim without a wetsuit. On Sunday Dion Harrison came 5th in the Human Race Marlow Swim. A number of athletes have signed up for the F3 Events end of season race (September 10th) at Bray Lake. Most of them are tackling the 10km (some with and some without a wetsuit), but there are distances from 1.25km all the way up to 10km. Why not join them by entering the race here:

http://www.f3events.co.uk/index.php?option=com_jevents&task=icalrepeat.detail&evid=52&Itemid=15