



## 2011 SPBSC Club Championships Programme of Events

Saturday 17 <sup>th</sup> September 2011	Sunday 18 <sup>th</sup> September 2011
Session 1 Warm up 8.30am Race 9.30am	Session 3 Warm up 8.30am Race 9.30am
1 Girls 100 Butterfly	9 Girls 50 Backstroke
2 Boys 100 Butterfly	10 Boys 50 Backstroke
3 Girls 200 Backstroke	11 Girls 50 Breaststroke
4 Boys 200 Backstroke	12 Boys 50 Breaststroke
5 Girls 100 Freestyle	13 Girls 200 Butterfly
6 Boys 100 Freestyle	14 Boys 200 Butterfly
Session 2 Warm up 3.15pm Race 4pm	Session 4 Warm up 3.15pm Race 4pm
7 Girls 400 Freestyle	15 Girls 200 IM
8 Boys 400 Freestyle	16 Boys 200 IM
	17 Girls 100 Breaststroke
	18 Boys 100 Breaststroke

Saturday 24 <sup>th</sup> September 2011	Sunday 25 <sup>th</sup> September 2011
Session 5 Warm up 8.30am Race 9.30am	Session 7 Warm up 8.45am Race 9.30am
19 Girls 200 Freestyle	27 Mixed 800 Freestyle
20 Boys 200 Freestyle	
21 Girls 100 IM	
22 Boys 100 IM	
Session 6 Warm up 3.15pm Race 4pm	Session 8 Warm up 3.15 Race 4pm
23 Girls 100 Backstroke	28 Girls 50 Butterfly
24 Boys 100 Backstroke	29 Boys 50 Butterfly
25 Girls 200 Breaststroke	30 Girls 50 Freestyle
26 Boys 200 Breaststroke	31 Boys 50 Freestyle
	32 Girls 400 IM
	33 Boys 400 IM

Wednesday 28 <sup>th</sup> September 2011
Session 9 Junior Warm up 6pm, Junior Race 6.30pm Senior Warm up 8pm, Senior Race 8.30pm
34 Mixed 1500 Freestyle
At SPGS in Hammersmith

Age of swimmers is as at 28<sup>th</sup> September 2011.